

Monday	Tuesday	Wednesday	Thursday	Friday	Cafeteria Information
	9/1/26	9/2/26	9/3/26	9/4/26	Breakfast
Eat 1/2 cup of fruits and vegetables with every meal!	Sausage Biscuit, Applesauce, 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza Bagel, Fresh Orange, 100% Fruit Juice Variety, Milk Variety	Breakfast Tornado, Fruit Cocktail, 100% Fruit Juice Variety, Milk Variety	French Toast Sticks w/ Syrup, Yogurt, Sliced Pears, 100% Fruit Juice Variety, Milk Variety	Breakfast Choice of one Entrée Item Featured on Menu OR Cereal, Cereal Bar w/ Cheese Stick Choose One Side Assorted Fruits Choose One White or Chocolate Milk
9/7/26	9/8/26	9/9/26	9/10/26	9/11/26	Lunch
No School Labor Day	WG Cereal Variety, String Cheese, Pineapple Chunks, 100% Fruit Juice Variety, Milk Variety	Mini Waffles, Sausage Links, Mandarin Oranges, 100% Fruit Juice Variety, Milk Variety	Egg Omelet, Cherry Frudel, Fruit Cocktail, 100% Fruit Juice Variety, Milk Variety	Breakfast Burrito, Fresh Apple, 100% Fruit Juice Variety, Milk Variety	RVH Lunch Students must select at least one fruit or vegetable and two other menu items. Students may select all of the items on the featured menu. * GMS / GHS Lunch Choice of one Entrée Main Line - Select one Entrée from Featured Menu. Alt. Line - Rotates Daily (Choice of Chicken Sandwich, Trojan Burger, Pizza, BBQ Rib on a Bun or Crispos) * Cold Deli Line - All items Offered Daily: Chef Salad Peach or Blueberry Yogurt Parfait Cubed Cheese, Grape & Cracker Cups Ham or Turkey Sandwich w/ Sun Chips Chicken Salad or Deli Wraps * Choose up to Three Sides Side Salad, Assorted Fresh Fruit, Assorted Canned Fruit, Featured Vegetables, Grains & Desserts * Choose One White or Chocolate Milk
9/14/26	9/15/26	9/16/26	9/17/26	9/18/26	
WG Cereal Variety, String Cheese, Fruit Cup, 100% Fruit Juice Variety, Milk Variety	Biscuits & Gravy, Sliced Pears, 100% Fruit Juice Variety, Milk Variety	Breakfast Pizza, Tropical Fruit, 100% Fruit Juice Variety, Milk Variet	Breakfast Combo Bar (Hashbrown, Ham & Cheese), Banana Bread Sliced Pineapple, 100% Fruit Juice Variety, Milk Variety	Blueberry Waffles w/ Syrup, Yogurt, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	
9/21/26	9/22/26	9/23/26	9/24/26	9/25/26	
WG Cereal Variety, String Cheese, Diced Pears, 100% Fruit Juice Variety, Milk Variety	Cinnamon French Toast w/ Syrup , Sausage Links, Fresh Banana, 100% Fruit Juice Variety, Milk Variety	Scrambled Egg & Bacon Pizza, Mandarin Oranges, 100% Fruit Juice Variety, Milk Variety	Pancake on a Stick, Pineapple Chunks, 100% Fruit Juice Variety, Milk Variety	Ultimate Breakfast Round, Yogurt, Diced Peaches, 100% Fruit Juice Variety, Milk Variety	
9/28/26	9/29/26	9/30/26			
No School	WG Cereal Variety, String Cheese, Fresh Apple, 100% Fruit Juice Variety, Milk Variety	Breakfast Scrambler, Sliced Peaches, 100% Fruit Juice Variety, Milk Variety	This institution is an equal opportunity provider.	Don't forget to fill out an application for free and reduced school lunches. Applications are available online at www.girard248.org	
This Menu is Subject to Change Without Notice					